



Discovery COVID-19 **Business Support**



2022

DISCOVERY COVID-19 BUSINESS SUPPORT

KEY ACTIONS DURING
COVID-19 CASE MANAGEMENT

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Key actions during COVID-19 case management

ACTIONS FOR MEMBER	ACTIONS BY THE EMPLOYER
Entry into case management programme	Assessment and initial management strategy: <ul style="list-style-type: none"> Send introductory letter Send explanation of status and projected pathway
First follow-up: <ul style="list-style-type: none"> Two days after initial contact (only applies in severe cases) 	Address concerns and questions, disclose test results (if applicable) and perform clinical review: <ul style="list-style-type: none"> Send explanation and implications of test results
Subsequent follow-ups: <ul style="list-style-type: none"> Follow up every two days (only applies in severe cases) 	Perform clinical review and assess whether current management strategy is still appropriate: <ul style="list-style-type: none"> Send explanation if the person’s status and management strategy change
Follow-up on day 7 of isolation	Perform clinical review and assess whether member meets the criteria to de-isolate: <ul style="list-style-type: none"> Send de-isolation information and letter to manager or HR person Send rationale for extending isolation or quarantine beyond the 7 days (if applicable)
Follow-up on day 10 of quarantine	Assess eligibility to stop quarantine: <ul style="list-style-type: none"> Send de-isolation information and letter to manager or HR person

DOCUMENT	TOPICS
Introductory letter	<ul style="list-style-type: none"> Communication Role of case managers Purpose of quarantine and isolation De-isolation
Classification or status	
1 Suspected COVID-19 case	<ul style="list-style-type: none"> Explanation of terms and their implications Possibility of developing symptoms Performing self-monitoring and self-reporting Test strategy Infection prevention and control practices during quarantine
2 Probable COVID-19 case	<ul style="list-style-type: none"> Explanation of terms and their implications Performing self-monitoring and managing self-reporting of COVID-19 in the home Red flags for early deterioration Infection prevention and control during isolation
3 Non-specific symptoms	<ul style="list-style-type: none"> General overview of COVID-19

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DOCUMENT	TOPICS
	<ul style="list-style-type: none"> Instructions on how to perform self-monitoring and self-reporting
Test results	
1 Positive test result	<ul style="list-style-type: none"> Explanation of positive result Explanation of the role of repeat testing
2 Negative test result, but symptomatic	<ul style="list-style-type: none"> Explanation of a possible false negative result
3 Situations where people are denied testing for any reason	<ul style="list-style-type: none"> Reassurance that their management will still align with best practice
De-isolation	
1 De-isolation based on clinical recovery	<ul style="list-style-type: none"> Resolution of symptoms Repeat testing Returning to the workplace Preventing and managing possible stigma in the workplace
2 De-isolation based on completion of isolation	<ul style="list-style-type: none"> Persisting symptoms Repeat testing Expectation of complete resolution of symptoms Returning to the workplace Preventing and managing possible stigma in the workplace
3 De-isolation after completion of quarantine period	<ul style="list-style-type: none"> Returning to the workplace Preventing and managing possible stigma in the workplace