



RESOLUTION BOTRES07/2023

CONTRIBUTION AND BENEFIT CHANGES FOR 2024

The Board of Trustees of the Engen Medical Benefit Fund, at their meeting of 11 September 2023, considered contribution and benefit changes, and unanimously adopted a resolution whereby the contributions and benefits will be amended for the 2024 benefit year, as indicated in the summary below:

1. Implement an average total contribution increase of 8.9% for 2024 for the Fund, based on the average 2023 membership and benefit utilisation trends.
2. Amend the income bands with an inflationary correction.
3. Narrow the gaps between the different beneficiary types' levels of contributions.
4. Maintain the 2023 benefit limits without inflationary limit increases.
5. Implement the following benefit changes effective 1 January 2024

5.1 Wigs for alopecia/non-PMB

Paid from the External Medical Appliances Benefit, with an overall limit of R30 000 per family per year, with the following restrictions that will apply from 1 January 2024:

- 5.1.1 Limited to one wig per beneficiary per year.
- 5.1.2 A sub-limit of R5 000 per wig will apply.
- 5.1.3 Wigs for alopecia to be requested by a dermatologist, or as prescribed.

5.2 Digital therapeutics for Cognitive Behavioural Therapy – enhancement

In addition to the existing Mental Health Benefits, introduce cover for internet-based cognitive behavioural therapy (iCBT) for members registered for OH DTPMB and/or the Mental Health Programme. The benefit will provide cover for a limited number of approved digital OH DTPMB CBT consultation sessions per person per year, for members registered on the Mental Health Care Programme.

5.3 Spinal Conservative Care Programme – enhanced access

Network GPs to, in addition to specialists, refer eligible patients to the Spinal Care Coordination Programme.

5.4 Oncology Value Based Care Network – ICON

Automatically include eligible members making use of the services of a provider in the ICON Network in a VBC agreement, specifically linked to the delivery of efficient, quality cancer care.

5.5 Disease Prevention Programme: Cardio-metabolic Risk Syndrome

Introduce a programme and benefits to support pre-diabetic members with cardio-metabolic risk syndrome. The Disease Prevention Programme (DPP) is coordinated by the member's Primary Care provider, supported by Dietitians and health coaches and offers risk benefits to cover a basket of care.

5.6 Expand the list of Day Surgery procedures

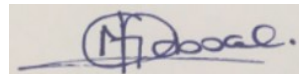
Add specific procedures to the list of procedures that must be undergone in a Day Surgery facility to ensure full cover.

This resolution is certified as having been adopted in terms of the Rules on 11 September 2023.

Signed on this 26 day of September 2023 in Cape Town.



S Moroka-Mosia
Chairperson



N Rabochene
Trustee



R Marchant
Principal Officer

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