

# PREPARING FOR PARENTHOOD

## MEDICLINIC baby

OUR SPECIAL PROGRAMME IS DESIGNED TO SUPPORT PARENTS-TO-BE THROUGH PREGNANCY, BIRTH AND BABY'S FIRST YEAR.

### REGISTER TODAY AND ENJOY:

- Pregnancy journal to diarise this special time
- Pregnancy and baby website
- Weekly email updates on your baby's development
- Milestone book to record important dates and moments
- CPR classes\*
- Mediclinic Baby App
- Tailor-made antenatal programmes, with all the professional help you need\*
- Luxury antenatal weekend courses for busy couples
- Assistance with UIF claims and birth registrations
- Mother and baby gift bag, baby footprint certificate, website photo and a special 'celebration surprise'
- Postnatal support\*
- 24-hour helpline and support to answer all your pregnancy and baby related queries: 0860 233 333

DOWNLOAD OUR FREE AND EASY TO USE BABY APP FOR IOS AND ANDROID.



Register online at [www.mediclinicbaby.co.za](http://www.mediclinicbaby.co.za) or SMS 'register4baby' to 37838. For more information, email [mediclinicbaby@mediclinic.co.za](mailto:mediclinicbaby@mediclinic.co.za) or phone your nearest Mediclinic hospital.

\*Participating hospitals only.  
Fees, terms and conditions may apply.

### EXPERTISE YOU CAN TRUST.

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[www.mediclinic.co.za](http://www.mediclinic.co.za)

