

## Chronic Illness Benefit medicine list (formulary) for the Chronic Disease List (CDL) conditions and the non-CDL conditions 2024

### Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

### Contact details

You can call us on 0861 638 633 or visit [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za) for more information.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Netcare Medical Scheme rules. The use of the benefits and programmes linked with the CIB are subject to specific conditions and rules. Members must make sure that they know these rules and conditions. The Netcare Medical Scheme rules can be accessed on [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

The CIB covers a comprehensive list of chronic conditions that includes asthma, diabetes, high cholesterol and high blood pressure. The Chronic Disease List (CDL) is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

You have full cover for approved medicine on the Scheme's medicine list. Approved medicine not on the medicine list will be funded up to the Chronic Drug Amount (CDA).

Netcare Medical Scheme reserves the right to change the benefit at any time.

For more information call us on 0861 638 633 or visit us at [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

Terminology	Description
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) is applicable for 2024 only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The CDA is a set monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
Non-CDL conditions	Additional chronic conditions covered by Netcare Medical Scheme.
Prescribed Minimum Benefit (PMB) conditions	<p>In terms of the Medical Schemes Act of 1998 (Act number 131 of 1998) and its regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of any life-threatening emergency medical condition, a defined set of 271 diagnoses and 27 chronic conditions. These conditions and their treatments are known as the Prescribed Minimum Benefits (PMB).</p> <p>All medical schemes in South Africa have to include the Prescribed Minimum Benefits in the health plans they offer to their members. There are, however, certain requirements that a member must meet before he or she can benefit from the Prescribed Minimum Benefits. The three requirements are:</p> <ul style="list-style-type: none"> <li>• The condition must be part of the list of defined PMB conditions</li> <li>• The treatment needed must match the treatments in the defined benefits on the PMB list</li> <li>• Members must use the scheme's designated healthcare service providers.</li> </ul>



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## The Chronic Disease List (CDL) medicine list (formulary) for Netcare Medical Scheme

Medicine marked with an asterisk (\*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Addison's disease</b>	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
<b>Asthma</b>	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose * 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Aeromide 300 dose 200mcg
				Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose * 50/250; 50/500
				Duoasma 120 dose 25/125; 25/250
Sereflo DPI 60 dose 50/100; 50/250; 50/500				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
Spirodisc 60 dose 50/100; 50/250; 50/500				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
<b>Bipolar mood disorder</b>	R130	Anti-depressants: SSRI's	Citalopram	
			Adco-Talomil 20mg	
				Citalopram 20 Oethmaan 20mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Depramil 20mg
				Recita * 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
				Fluoxetine
			Zydus Fluoxetine 20mg	
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife * 50mg; 100mg
				Tralidep 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup * 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
Epitec 25mg; 50mg; 100mg; 200mg				
Girotec * 50mg; 100mg; 200mg				
Lamitor 25mg; 50mg; 100mg; 200mg				
Lamorola 25mg; 50mg; 100mg; 200mg				
Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	
R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Bipolar mood disorder</b>	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus * 10mg; 15mg
				Aripiprazole Mylan * 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
Thryve 5mg; 10mg				
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
<b>Bronchiectasis</b>	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg



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Bronchiectasis	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus * 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus * 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus * 4/1.25mg
				Trexeva Plus 5/1.25mg
	Vectoryl Plus * 4/1.25mg			
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril * 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren * 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn * 5mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Lizro 5mg; 10mg; 20mg	
			Sinopren * 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum * 10mg
	Ran-Perindopril 4mg			
	Reprex 4mg; 8mg			
	Vectoryl * 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend * 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
Austell Losartan co 50/12.5mg				
Co-Normoten 50/12.5mg; 100/25mg				
Hylokat 50/12.5mg; 100/25mg				



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg		
				Losartan comp Biotech * 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
			R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
						Trobet 150mg; 300mg
	Losartan	Annin 50mg; 100mg				
		Austell Losartan 50mg; 100mg				
		Losartan Accord 50mg; 100mg				
		Losartan Macleods 50mg; 100mg				
		Normoten 50mg; 100mg				
		Zaario 50mg; 100mg				
		Zartan 50mg; 100mg				
		Telmisartan			Telpres 40mg; 80mg	
	Tesminol 40mg; 80mg					
	Ticarda 40mg; 80mg					
	Valsartan	Adco-Valsartan 80mg; 160mg				
		Niosar 80mg; 160mg				
		Regoval * 80mg; 160mg				
		Valheft * 80mg; 160mg				
		Vasovan * 80mg; 160mg				
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives			Hydralazine	Hydralazine HCl 25 Kiara 25mg
						Hyperphen 10mg; 50mg
	R70	Beta blocking agents: Selective			Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg			
			Bilocor 5mg; 10mg			
			Bisbeta * 5mg; 10mg			
Bislo 5mg; 10mg						
Bisoprolol Unicorn 5mg; 10mg						
Emcor 5mg; 10mg						
Presicard 5mg; 10mg						



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan * 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Spiractin 25mg
				Spironolactone 25 Kiara 25mg
	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus * 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus * 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus * 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus * 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril * 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren * 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn * 5mg
				Hypace 5mg
				Natrapress 10mg; 20mg
Tenezil 10mg; 20mg				
Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg			





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Cardiomyopathy	R75	ACE inhibitors: Plain	Lisinopril	Lizro 5mg; 10mg; 20mg
				Sinopren * 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum * 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl * 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend * 6.25mg; 12.5mg; 25mg
				Rubitrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech * 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg
				Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
				R110
	Trobet 150mg; 300mg			
Losartan	Annin 50mg; 100mg			
	Austell Losartan 50mg; 100mg			
	Losartan Accord 50mg; 100mg			
	Losartan Macleods 50mg; 100mg			
	Normoten 50mg; 100mg			
	Zaario 50mg; 100mg			
	Zartan 50mg; 100mg			
Telmisartan	Telpres 40mg; 80mg			
	Tesminol 40mg; 80mg			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Telmisartan	Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
				Regoval * 80mg; 160mg
				Valheft * 80mg; 160mg
				Vasovan * 80mg; 160mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
				Warfarin 5mg Austell 5mg
				Warfarin 5 Unicorn 5mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta * 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Catexan * 2.5mg				
Cipla-Indapamide 2.5mg				
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
			Spironolactone 25 Kiara 25mg	
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	



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Cardiomyopathy	R130	Potassium supplements	Potassium chloride	Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Chronic obstructive pulmonary disease (COPD)	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics
Perindopril and diuretics				Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus * 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus * 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus * 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus * 4/1.25mg
R185				ACE inhibitors, other combinations
R75		ACE inhibitors: Plain	Captopril	Bio-Captopril * 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren * 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn * 5mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Lizro 5mg; 10mg; 20mg	
			Sinopren * 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum * 10mg
				Ran-Perindopril 4mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R75	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg	
				Vectoryl * 4mg; 8mg	
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
				Austell Losartan co 50/12.5mg	
				Co-Normoten 50/12.5mg; 100/25mg	
				Hylokat 50/12.5mg; 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech * 50/12.5mg; 100/25mg	
				Sartoc-co 50/12.5mg; 100/25mg	
				Zartan co 50/12.5mg; 100/25mg	
				Telmisartan and diuretics	
			Co-Telza 40/12.5mg; 80/12.5mg		
			Telpres Plus 40/12.5mg; 80/12.5mg		
			Tesar co 40/12.5mg; 80/12.5mg		
			Ticarda Plus 40/12.5mg; 80/12.5mg		
			Tremistan Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics		
			Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
			Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
			R110	Angiotensin II antagonists: Plain	Irbesartan
	Trobet 150mg; 300mg				
	Losartan	Annin 50mg; 100mg			
		Austell Losartan 50mg; 100mg			
		Losartan Accord 50mg; 100mg			
		Losartan Macleods 50mg; 100mg			
		Normoten 50mg; 100mg			
		Zaario 50mg; 100mg			
		Zartan 50mg; 100mg			
	Telmisartan	Telpres 40mg; 80mg			
		Tesminol 40mg; 80mg			
Ticarda 40mg; 80mg					
Valsartan	Adco-Valsartan 80mg; 160mg				
	Niosar 80mg; 160mg				
	Regoval * 80mg; 160mg				
	Valheft * 80mg; 160mg				
	Vasovan * 80mg; 160mg				
R70	Beta blocking agents: Selective	Bisoprolol			Adco-Bisocor 5mg; 10mg
					Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg		
			Bisbeta * 5mg; 10mg		
			Bislo 5mg; 10mg		



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R70	Beta blocking agents: Selective	Bisoprolol	Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous sulfate	Ferrous sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Fortihem ampoule 5ml 20mg/1ml
				Innofer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Eprex pre-fill 2000U/0.5ml; 4000U/0.4ml
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml			
	Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg		
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol * 50mg; 100mg
				Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
Bisbeta * 5mg; 10mg				



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R70	Beta blocking agents: Selective	Bisoprolol	Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
				Emcor 5mg; 10mg	
				Presicard 5mg; 10mg	
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Kiara * 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Besyloc * 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Pendine 5mg; 10mg	
				Vasloc 5mg; 10mg	
				Felodipine	Felodipine Kiara 5mg; 10mg
				Nifedipine	Adalat XL 30mg
					Cipalat Retard 20mg
					Cipalat XR 30mg; 60mg
Fedaloc SR 30mg; 60mg					
Fidocare XL 30mg; 60mg					
Gitsalat 30mg					
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg		
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
				Salofalk 1500mg	
				Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Crohn's disease	R2 219	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml
					Minirin melt 120mcg; 240mcg
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.</b>				
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
				Insulin Glulisine	Apidra - cartridge 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml	
				Insulin Human	Ryzodeg - penfill 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Optisulin - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg	
				Myoprin 100mg	
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
				Accu check test strip glucose instant	
				Contour plus blood glucose test strips	
				Contour ts blood glucose test strips	
				Glucocheck evolve test strip	
				Glucocheck key test strip	
				lhealth blood glucose testing strips *	
				Onetouch select plus test strips	
				On call plus blood glucose strips	
				On call sure blood glucose test strips	
				Test strip blood glucose clicks bionime gs550	
				Test strip freestyle optium glucose	
Test strip glucocheck connect					
Test strip glucose blood fora 6					
Test strip glucose caresens n 29g					



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucose fora diamond blood
				Test strip glucose vivachek ino
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Syringes	Needle novofine			
	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg
				Austell-Metformin * 500mg; 850mg
				Bigsens 500mg; 850mg; 1000mg
				Carbuce 500mg; 850mg; 1000mg
				Diaphage 500mg; 850mg; 1000mg
				Gluconorm 500mg; 850mg
				Mengen * 500mg; 850mg; 1000mg
				Mylan Metformin 500mg; 850mg; 1000mg
				Romidab 500mg; 850mg; 1000mg
Diabetes mellitus Type 2	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes***</b>			
	<b>The overall monthly limit is R720.</b>			
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml



Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml	
			Insulin Glulisine	Apidra - cartridge 3ml	
			Insulin Lispro	Humalog - cartridge 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Ryzodeg - penfill 3ml	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml	
				Humalog mix 50 - cartridge 3ml	
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR *	60mg
				Diagluclide MR *	60mg
				Diaran MR	60mg
				Dynacaz MR	30mg; 60mg; 90mg
				Gliclazide MR Austell *	30mg
				Gliclazide MR Austell	60mg
				Gliclazide Unicorn MR	30mg
				Gluctam MR	60mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone	15mg; 30mg
				Pioglitazone hydrochloride Macleods	15mg; 30mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin	100mg
				Myoprin	100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
				Accu check test strip glucose instant	
				Contour plus blood glucose test strips	
				Contour ts blood glucose test strips	
				Glucocheck evolve test strip	
				Glucocheck key test strip	
				lhealth blood glucose testing strips *	
Onetouch select plus test strips					
On call plus blood glucose strips					
On call sure blood glucose test strips					
Test strip blood glucose clicks bionime gs550					
Test strip freestyle optium glucose					
Test strip glucocheck connekt					
Test strip glucose blood fora 6					
Test strip glucose caresens n 29g					
Test strip glucose fora diamond blood					
Test strip glucose vivachek ino					
R350	Surgical item	Lancets	Lancet blood collection needle loris		



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Lancets	Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
			Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
Syringe insulin bd microfine 1ml 8mm 30g				
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
				R85
	Segavin 5mg			
	Warfarin 5mg Austell 5mg			
	Warfarin 5 Unicorn 5mg			
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol * 50mg; 100mg
				Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
Bisoprolol			Adco-Bisocor 5mg; 10mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R70	Beta blocking agents: Selective	Bisoprolol	Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta * 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg
Verapamil 40 Oethmaan 40mg				
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup * 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
	Valeptic CR 300mg; 500mg			
	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec * 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
Lamorola 25mg; 50mg; 100mg; 200mg				
Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg				
Serinem 25mg; 50mg; 100mg; 200mg				
Levetiracetam				
Dyna Levetiracetam 250mg; 500mg; 750mg				
Epikepp 250mg; 500mg; 750mg				
Leveseize XR * 500mg; 750mg; 1000mg; 1500mg				



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R325	Anti-epileptics: Other agents	Levetiracetam	Levetiracetam Unicorn 250mg; 750mg
				Redilev 250mg; 500mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg
				Epitoz 25mg; 50mg; 100mg
				Toplep * 25mg
				Toplep 50mg; 100mg; 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
Glaucoma	R235	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
				Dorzolamide
			Trusopt 5ml owi 2%	
	R275	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%
	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R495	Anti-glaucoma agents: Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mg/1ml
	R300	Anti-glaucoma agents: Prostaglandin analogues	Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	R275	Anti-glaucoma agents: Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004%
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
				Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml * 2mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
				Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
				Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Duotrav 2.5ml
Ganfort 3ml				
Glaumide-co 5ml				
Glauropt co 5ml				
Ocudor co 5ml				
Optitrin				
Timpromat 3ml				
Xalacom 2.5ml				



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg	
				Adco-Prolief 500mg	
	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg	
				Fibtin 500mg	
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
			Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 500U; 1000U	
	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml	
				Minirin melt 120mcg; 240mcg	
Hyperlipidaemia	R195	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg	
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg	
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
				Sandoz Bezafibrate 400mg	
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg	
				Astor * 10mg; 20mg; 40mg	
				Cholmin * 10mg; 20mg; 40mg	
				Dezzolip 10mg; 20mg; 40mg	
				Dezzolip * 80mg	
				Dynator * 10mg; 20mg; 40mg; 80mg	
				Lestavor * 10mg; 20mg; 40mg	
				Lipogen * 10mg; 20mg; 40mg; 80mg	
				Vasmak 10mg; 20mg; 40mg; 80mg	
				Simvastatin	Adco-Simvastatin * 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
					Choleste 10mg; 20mg; 40mg
					Cipla-Simvastatin 10mg; 20mg; 40mg
					Lipidex 10mg; 20mg
	Roltesim 10mg; 20mg; 40mg				
	Simcard 10mg; 20mg				
Simvacor * 10mg; 20mg; 40mg					
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg	
				Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg	
				Reaptan * 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus * 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus * 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus * 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus * 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
				Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril * 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren * 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn * 5mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren * 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum * 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl * 4mg; 8mg
	R220	Alpha and Beta blocking agents		Carvedilol
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
			Carvetrend * 6.25mg; 12.5mg; 25mg	
			Rubitrend 6.25mg; 12.5mg; 25mg	
R195	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg	
			Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg	
		Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg	
			Calsar 5/80mg; 5/160mg; 10/160mg	
			Dafiro 5/160mg; 10/160mg	
			Forgevasc 5/160mg; 10/160mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R195	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Gemvalaz 5/160mg; 10/160mg
				Tensoforj 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
				Zyvasc 5/160mg; 10/160mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech * 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
			R210	Angiotensin II antagonists, other combinations
	Co-Copalia * 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg			
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
Normoten 50mg; 100mg				
Zaario 50mg; 100mg				
Zartan 50mg; 100mg				
Telmisartan			Telpres 40mg; 80mg	
			Tesminol 40mg; 80mg	
			Ticarda 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
	Regoval * 80mg; 160mg			
	Valheft * 80mg; 160mg			



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R110	Angiotensin II antagonists: Plain	Valsartan	Vasovan * 80mg; 160mg
	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Timucen 250mg
	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol * 50mg; 100mg
				Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta * 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			
	R110	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
			Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan * 2.5mg	
			Cipla-Indapamide 2.5mg	
			Daptril 2.5mg	
R120	Potassium sparing agents	Spironolactone	Mylan Indapamide 2.5mg	
			Aldactone 25mg	
			Spiractin 25mg	
Spironolactone 25 Kiara 25mg				





Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Kiara * 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Besyloc * 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Pendine 5mg; 10mg	
				Vasloc 5mg; 10mg	
				Felodipine	Felodipine Kiara 5mg; 10mg
				Nifedipine	Adalat XL 30mg
					Cipalat Retard 20mg
Cipalat XR 30mg; 60mg					
Fedaloc SR 30mg; 60mg					
Fidocare XL 30mg; 60mg					
Gitsalat 30mg					
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg	
				Amitriptyline 10mg Austell 10mg	
				Amitriptyline HCl Kiara 25mg	
				Gulf Amitriptyline 25mg	
				Trepiline 10mg	
				Veikirin 10mg; 25mg	
	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg	
				Mylan Oxybutynin 5mg	
				Oxyrest 5mg	
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml * 30mcg/0.5ml	
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml	
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml	
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength				
Multiple sclerosis	R7 700	Interferons	Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml				
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml * 125mcg/0.5ml				
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen	10mg			
				R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
							Panafcort	5mg
			Trolic	5mg				
Parkinson's disease	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton	2mg			
	R480	Dopamine agonists	Pramipexole	Oxpola	0.125mg; 0.25mg			
				Pexasp	0.125mg; 0.25mg; 1mg			
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin	100mg			
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect	1mg			
				Rasapar	1mg			
				Razeda	1mg			
	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop	25/100mg; 25/250mg			
Teva Carbi-Levo				25/100mg; 25/250mg				
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac	50mg			
				Diclofenac Biotech	25mg			
				Diclofenac 50mg Clicks	50mg			
				Mylan Diclofenac	25mg; 50mg			
				Panamor AT	50mg			
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg			
				Coxflam	7.5mg			
				Flexocam	7.5mg			
	R65	Anti-inflammatory agents: Oxicams	Piroxicam	Medoxicam *	7.5mg			
				Pyrocaps	20mg			
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg			
				Bren	400mg			
				Ibucine	200mg; 400mg			
				Ibunate	200mg			
				Ibusor	200mg			
Naproxen				Napinflam	250mg			
				Naproscript	250mg			



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita * 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife * 50mg; 100mg
	Tralidep 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
Zeptol 200mg				
R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Schizophrenia	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim sugar-free syrup *	200mg/5ml
				Eprolep CR	200mg; 300mg; 500mg
				Navalpro CR	200mg; 300mg; 500mg
				Navalpro liquid	200mg/5ml
				Rubilim CR	200mg; 300mg; 500mg
				Valeptic CR	300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine	25mg; 50mg; 100mg; 200mg
				Epitec	25mg; 50mg; 100mg; 200mg
				Girotec *	50mg; 100mg; 200mg
				Lamitor	25mg; 50mg; 100mg; 200mg
				Lamorola	25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem	25mg; 50mg; 100mg; 200mg
				Serinem	25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan	5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan	25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid	20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit	250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza	5mg; 10mg
				Nezolap	5mg; 10mg
				Olandus	5mg; 10mg
				Olexar	5mg; 10mg
				Zolanz	5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil	25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg
				Dopaquel	25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine	25mg; 100mg; 200mg; 300mg
				Quesara	25mg; 100mg; 200mg; 300mg
				Quesara XR	150mg; 200mg; 300mg; 400mg
				Quetz	25mg; 100mg; 200mg; 300mg
				Torquit	25mg; 100mg; 200mg; 300mg
				Zimbiquet	25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
				Fluanxol depot 1ml	20mg
Zuclopenthixol			Clopixol	2mg; 10mg	
			Clopixol depot	200mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus * 10mg; 15mg
				Aripiprazole Mylan * 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
				Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
				R65
	Coxflam 7.5mg			
	Flexocam 7.5mg			
	Medoxicam * 7.5mg			
	Piroxicam	Pyrocaps 20mg		
		Roxifen 20mg		
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
Naproxen			Napinflam 250mg	
			Naproscript 250mg	
R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
			Segavin 5mg	
			Warfarin 5mg Austell 5mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Systemic lupus erythematosus (SLE)</b>	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Warfarin 5 Unicorn 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
Topivate cream 0.1%				
Vari-Betamethasone cream * 0.1%				
<b>Ulcerative colitis</b>	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Salofalk 1500mg
				Sulfasalazine
	Salazopyrin EN 500mg			
	R2 219	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg				
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	



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## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for Netcare Medical Scheme

Medicine marked with an asterisk (\*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Kulair * 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Maclutek * 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast lhc 4mg; 5mg; 10mg
	Topraz 4mg; 5mg; 10mg			
R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
		Fluticasone	Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif * 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R435	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) * 18mcg	
			Neumotropio 30 inh capsules with zephir inhaler *	
			Tiores 30 inh capsules with zephir inhaler *	
			Tiotor 30 inh capsules with zephir inhaler	



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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Chronic obstructive pulmonary disease (COPD)	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose *	50/250; 50/500
				Duoasma 120 dose	25/125; 25/250
				Sereflo DPI 60 dose	50/100; 50/250; 50/500
				Sereflo HFA 120 dose	25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose	25/50; 25/125; 25/250
	Spirodisc 60 dose	50/100; 50/250; 50/500			
	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose	92/22mcg; 184/22mcg
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml	20mcg/1ml
				Heberbio hbv sgl dose 1ml adult	20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix	75mg
				Clovexa	75mg
				Plagrol	75mg
Diabetes mellitus Type 2	R340	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra	10/1000mg
	R245	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet *	50/850mg; 50/1000mg
	R195	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra *	50mg
				Zomvil	50mg
	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif *	10mg
				Dapiflo	10mg
				Daptica	10mg
				Duforzig	10mg
Sagalatin	10mg				
Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml	20mg/1ml
				Copaxone pre-filled pen 1ml	40mg/1ml
	R6 160	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia	0.5mg
				Glomatin	0.5mg
				Myelenea	0.5mg
	R5 795	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide	14mg
				Auberif	14mg
Teriflunomide 14 Teva				14mg	
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex	100mg; 200mg
				Celebrex *	100mg
				Celebrex	200mg
				Celecoxib Unicorn *	100mg; 200mg
				Celexii	100mg; 200mg
				Colcibra *	100mg; 200mg
				Coxep *	100mg; 200mg





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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Rheumatoid arthritis</b>	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Coxleon * 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg
<b>Systemic lupus erythematosus (SLE)</b>	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex * 100mg
				Celebrex 200mg
				Celecoxib Unicorn * 100mg; 200mg
				Celexii 100mg; 200mg
				Colcibra * 100mg; 200mg
				Coxep * 100mg; 200mg
				Coxleon * 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
Vexicop 100mg; 200mg				

## Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 680	Insulin pump reservoirs and infusion sets

## Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

## Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime



Medical Scheme  
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## The non-CDL medicine list (formulary) for Netcare Medical Scheme

Medicine marked with an asterisk (\*) will soon be removed from the medicine list (formulary)

Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Austell-Citalopram 40mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg; 40mg
				Recita 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine Biotech 20mg
				Fluoxetine 20 Oethmaan 20mg
				Ranflocs 20mg
				Zydus Fluoxetine 20mg
			Paroxetine	Adco-Paroxetine 20mg
				Austell-Paroxetine 20mg
				Lenio 20mg
				Paroxetine Unicorn 20mg
				Serrapress 20mg
				Xet 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
	Serlife 50mg; 100mg			
	Tralidep 50mg; 100mg			
	R100	Anti-depressants: Tricyclics	Amitriptyline	Anderip 10mg; 25mg
				Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
Veikirin 10mg; 25mg				
R390	Other anti-depressants: Noradrenergic and specific Serotonergic agents - Mirtazapine	Mirtazapine	Miradep 15mg; 30mg	
			Mylan Mirtazapine 15mg; 30mg	
			Mytra 15mg; 30mg	
R375	Other anti-depressants: NDRI's	Bupropion	Budep XR 150mg; 300mg	
			Bupropion XR Adco 150mg	

Non-Chronic Disease List condition	Chronic Drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R375	Other anti-depressants: NDRI's	Bupropion	Weldep XR 150mg; 300mg
	R180	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine	Duloxetine	Calmadep DR 30mg; 60mg
				Deotin 30mg; 60mg
				Duleve 30mg; 60mg
				Duloxetine MR Unicorn 30mg; 60mg
				Dulta 30mg; 60mg
				Duzela 30mg; 60mg
				Yelate 60mg
	R250	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	Venlafaxine	Venlafaxine Adco 75mg; 150mg
				Venlafaxine Unicorn XR 75mg; 150mg
				Venlor XR 75mg; 150mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup * 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine * 25mg
				Aspen Clozapine 100mg
Cloment 25mg; 100mg				
Clozapine Oethmaan 25mg; 100mg				
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Nezolap ODT 5mg; 10mg	
			Olandus 5mg; 10mg	



Medical Scheme  
Administered by Discovery Health

Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R365	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Prexolan ODT 5mg; 10mg
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
	Zimbiquet 25mg; 100mg; 200mg; 300mg			
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Apripent 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan * 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
Priptrin 10mg; 15mg				
Radzil 5mg; 10mg; 15mg				
Thryve 5mg; 10mg				
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	

## Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)