

Treatment baskets for the Chronic Disease list (CDL) conditions 2024

Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organization, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

Treatment baskets for Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) conditions

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) is a list of conditions which all medical schemes need to cover on all the plans they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigation and consultations are covered for both the diagnosis and ongoing management for each condition.

We will only pay Prescribed Minimum Benefit (PMB) claims if your condition has been approved on the Chronic Illness Benefit

Only claims for procedures and consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets will be paid from the Chronic Illness Benefit. These are pro-rated based on the date of approval of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number.

How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List (CDL) condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full for the consultation with the healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultation provided that you were an active and valid member of the Scheme at the time of the diagnosis and the relevant ICD-10 diagnosis codes are on the claim. Please ask your doctor to provide the date of diagnosis of your condition(s) on the CIB application form to assist us to pay your claims from the correct benefit.

We will pay tests and procedures for your condition according to the treatment baskets

We pay claims from the treatment baskets for the ongoing management of your condition from healthcare providers such as radiologists, dietitians and podiatrists in full.

We pay claims from pathologists and medical technologists who we have a payment agreement with in full up to the agreed rate. We will pay up to a maximum of the Scheme Rate if you use a pathologist or medical technologist who we do not have a payment arrangement with. You will have to pay any difference between what is charged and what we pay.

We Pay for claims from Diabetes Educators up to the agreed rate subject to the limit being available, and the provider being on the Diabetes educator network.



How we pay GP consultations related to your condition

We pay for four (4) consultations that are related to your approved condition a year at a GP who is a designated service provider up to the agreed rate. We pay up to a maximum of 100% of the Scheme Rate for consultations with a GP who is not a designated service provider. You must pay any difference between what is charged and what we pay.

How we pay specialist consultations related to your condition

Depending on your condition, we pay for a specific number of consultations with a specialist as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider up to the agreed rate. We pay up to a maximum of 100% of the Scheme Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.

To find the closest GP or specialist on our network, go to Find a healthcare provider on our website.

Please make sure your claims have the appropriate ICD-10 diagnosis code

To make sure that we pay your claims from the correct benefit, we need the claims from your healthcare providers to be submitted with the relevant ICD-10 diagnosis codes. Please ask your doctor to include your ICD-10 diagnosis codes on the claims they submit and on the form that they complete, when they refer you to pathologists, medical technologists and radiologists for tests. This will enable pathologists, medical technologists and radiologists to include the relevant ICD-10 diagnosis codes on the claims they submit to ensure that we pay your claims from the correct benefits.

We will not pay claims from the Chronic Illness Benefit if these requirements are not met We will not pay claims from the Chronic Illness Benefit if:

- the claims are submitted without the relevant ICD-10 diagnosis codes
- you are not yet registered on the Chronic Illness Benefit for a Prescribed Minimum Benefit (PMB)
 Chronic Disease List (CDL) condition
- you have exceeded the frequency limit on consultations or tests

Contact details

You can call us on 0861 638 633 or visit www.netcaremedicalscheme.co.za for more information.



Treatment Baskets for Chronic Disease List (CDL) Conditions

| Condition | Diagnos | stic basket | | Ongoing management basket | | | |
|-----------------------|--------------------------------------|--|------------------------------------|--------------------------------------|---------------------------------------|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Addison's | U & E only | 4171 | 1 | U & E only | 4171 | 3 | 1 |
| disease | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 3 | |
| | Cortisol level | 4499 | 1 | | | | |
| | ACTH stimulation testing | 4523 | 1 | | | | |
| Asthma | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1188 or 1186 | 2 | 2 |
| | Peak flow | 1192 | 1 | Peak flow | 1192 | 3 | |
| Bipolar mood disorder | AST – Aspartate aminotransferase | 4130 | 1 | AST – Aspartate aminotransferase | 4130 | 2 | 2 |
| | ALT – Alanine aminotransferase | 4131 | 1 | ALT – Alanine aminotransferase | 4131 | 2 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 2 | |
| | CT Brain uncontrasted | 10300 or 10310 or 10320 | 1 | Lithium – flame ionisation | 4067 | 2 | |
| | ECG – Electrocardiogram | 1232 or 1233 or 1234 or 1235 or 1236 | 1 | Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | |
| | EEG with special activation | 75113 | 1 | | | | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 1 | |
| | Gamma glutamyl transferase (GGT) | 4134 | 1 | Gamma glutamyl transferase (GGT) | 4134 | 1 | |
| | Glucose - random/fasting | 4057 | 1 | Glucose - random/fasting | 4057 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 2 | |
| | Thyrotropin (TSH) | 4507 | 1 | Thyrotropin (TSH) | 4507 | 1 | |
| | Toxic drug screen | 4287 or 4370 or 4493 | 1 | Toxic drug screen | 4287 or 4370 or 4493 | 3 | |
| | Syphilis testing (VDRL or THPA) | 3940 or 3949 or 3951 | 1 | | | | |



| Condition | Diagnos | stic basket | | Ongoi | ing managemen | t basket | |
|-----------------|---|--|------------------------------------|--|---|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Bronchiectasis | Sputum MC&S – sputum analysis for infection | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 1 | Sputum MC&S – sputum analysis for infection | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 4 | 1 |
| | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1186 | 1 | |
| | Peak flow | 1192 | 1 | Peak flow | 1192 | 2 | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | | | | |
| Cardiac failure | ECG – Electrocardiogram | (1228+1230) or (1229+1231) | 1 | ECG – Electrocardiogram | (1228+1230) or 1232 | 3 | 2 |
| | | or 1232 or 1233 or 1234 or 1235 or 1236 | | | (1229+1231) Or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 2 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | B-Type natriuretic peptide | 4488 | 1 | B-Type natriuretic peptide | 4488 | 1 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| | Troponin isoforms | 4161 | 1 | Drug level in biological | 4081 or | 3 | |
| | Glucose – random/fasting | 4050 or 4057 | 1 | fluid | 4370 or 4493 | | |
| | C-reactive protein | 3947 | 1 | | | | |
| | Full blood count | 3755 | 1 | Threshold testing: own equipment | 1268 | 1 | |
| | Thyrotropin (TSH) | 4507 | 1 | Programming of the | 1270 or 75075 | 1 | |
| | Total cholesterol | 4027 | 1 | Atrioventricular sequential pacemaker | | | |
| Cardiomyopathy | B-Type natriuretic peptide | 4488 | 1 | B-Type natriuretic peptide | 4488 | 1 | 2 |



| Condition | Diagnos | stic basket | | Ongo | ing managemen | t basket | |
|-----------------------------|---|--|------------------------------------|--|---|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Cardiomyopathy | ECG – Electrocardiogram | 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | 1232 1233 or 1234 or 1235 or 1236 | 3 | |
| Cardiomyopathy | Echocardiography | 3621 & 3622 & 3623 & 3620 & 3625 | 1 | Echocardiography | 3621 & 3622 & 3623 & 3620 & 3625 | 2 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| | Glucose – random/fasting | 4057 | 1 | Prothrombin index (PI) | 3805 | 24 | |
| | C-reactive protein | 3947 | 1 | Therapeutic drug level: Dosage | 3806 | 24 | |
| | Full blood count | 3755 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| | Thyrotropin (TSH) | 4507 | 1 | Threshold testing: own equipment | 1268 | 1 | |
| | Total cholesterol | 4027 | 1 | Programming of the Atrioventricular sequential pacemaker | 1270 or 75075 | 1 | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| Chronic obstructive | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1186 | 1 | 1 |
| pulmonary disease (COPD) | X-ray of the chest two views, PA and lateral | 30110 | 1 | Peak flow | 1192 | 2 | |
| | Alpha-1-antitrypsin | 4005 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 2 | |
| Chronic renal disease | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 1 | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 2 | 2 |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 4 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| | Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | Serum calcium | 4016 or 4017 or 4375 or 4376 | 4 | |



| Condition | Diagnos | stic basket | | Ongoing management basket | | | | |
|----------------------------|--------------------------------------|--|------------------------------|--------------------------------------|--|---------------------------------------|--|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year | |
| Chronic renal disease | Serum phosphates | 4109 or 4313 | 1 | Serum phosphates | 4109 or 4313 | 4 | | |
| | Serum parathyroid hormone (PTH) | 4512 | 1 | Serum parathyroid hormone (PTH) | 4512 | 2 | | |
| | Protein: Quantitative | 4213 | 1 | Protein: Quantitative | 4213 | 1 | | |
| | | | | Platelet count | 3797 | 1 | | |
| | | | | Urine analysis (dipstick) | 4188 | 4 | | |
| | | | | Iron | 4071 | 2 | | |
| | | | | Transferrin | 4144 | 2 | | |
| | | | | Ferritin | 4528 | 2 | | |
| | | | | Dietitian | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1 | | |
| Coronary artery disease | ECG – Electrocardiogram | (1228+1230) or (1229+1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | (1228+1230) or (1229+1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 2 | 2 | |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 2 | | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 2 | | |
| | Glucose – random/fasting | 4050 or 4057 | 1 | Glucose – random/fasting | 4050 or 4057 | 1 | | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | | |
| | C-reactive protein | 3947 | 1 | | | | | |
| | Urine analysis (dipstick) | 4188 | 1 | | | | | |
| | Full blood count | 3755 | 1 | | | | | |
| | Thyrotropin (TSH) | 4507 | 1 | | | | | |



| Condition | Diagnos | stic basket | | Ongo | ing managemen | t basket | |
|-----------------------------|--|----------------------------------|------------------------------|---|---|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Coronary artery disease | X-ray of the chest two views, PA and lateral | 30110 | 1 | | | | |
| | Platelet count | 3797 | 1 | | | | |
| Crohn's disease | Colonoscopy | 1653 or 1656 | 1 | Colonoscopy | 1653 or 1656 | 1 | 3 |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | Faecal Calprotectin (Elastase Quantitative ELISA) | 4362 | 1 | |
| | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | C-reactive protein | 3947 | 2 | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| Diabetes | U & E only | 4171 | 1 | U & E only | 4171 | 3 | 1 |
| insipidus | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 3 | |
| | Osmolality: Serum or urine | 4093 | 1 | Osmolality: Serum or urine | 4093 | 1 | |
| Diabetes mellitus type 1 | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 1 | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 1 | 1 (Ophthal- mologist) |
| | Microalbuminuria | 4261 or 4262 | 1 | Microalbuminuria | 4261 or 4262 | 2 | 4 (Other Specialist) |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Serum creatinine | 4032 or 4223 | 1 | Serum creatinine | 4032 or 4223 | 1 | |
| | Urine creatinine | 4221 | 1 | Urine creatinine | 4221 | 1 | |
| | Glucose – random/fasting | 4057 | 1 | HbA1c | 4064 | 4 | |
| | Two-hour glucose-OGTT | 4049 | 1 | Tonometry | 3014 | 1 | |
| | | | | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | |
| | | | | Fundus examination | 3003 or 3004 or 3027 | 1 | |
| | | | | Dietitian | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1 | |



| Condition | Diagnos | stic basket | | Ongoing management basket | | | |
|-----------------------------|--------------------------------------|--|------------------------------|---|---|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Diabetes mellitus type 1 | | | | Podiatrist | 68301 or 68302 or 68303 or 68304 or | 1 | |
| | | | | Diabetes Educator | DFSC1 | | |
| | | | | Diabetes Educator | DEDUT or DEDU1 | 2 | |
| | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 1 | ECG – Electrocardiogram | 1232 or 1233 or 1236 | 1 | |
| Diabetes mellitus type 2 | Microalbuminuria | 4261 or 4262 | 1 | Microalbuminuria | 4261 or 4262 | 2 | 1 (Ophthal- mologist) |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | 1 (0) |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | 1 (Other Specialist) |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | эрссіанізі) |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Serum creatinine | 4032 or 4223 | 1 | Serum creatinine | 4032 or 4223 | 1 | |
| | Urine creatinine | 4221 | 1 | Urine creatinine | 4221 | 1 | |
| | Glucose – random/fasting | 4057 | 1 | HbA1c | 4064 | 4 | |
| | Two-hour glucose- OGTT | 4049 | 1 | Tonometry | 3014 | 1 | |
| | | | | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | |
| | | | | Fundus examination | 3003 or 3004 or 3027 | 1 | |
| | | | | Podiatrist | 68301 or 68302 or 68303 or 68304 or | 1 | |
| | | | | Diabetes Educator | DFSC1 | | |
| | | | | Diabetes Educator | DEDUT or DEDU1 | 2 | |
| | | | | Dietitian | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1 | |
| Dysrhythmia | Echocardiography | 3621 & 3622 & 3623 & 3620 & 3625 | 1 | Echocardiography | 3621 & 3622 & 3623 & 3620 & 3625 | 1 | 2 |



| Condition | Diagnos | tic basket | | Ongoing management basket | | | |
|---|---|--|------------------------------------|---|---|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Dysrhythmia | ECG – Electrocardiogram | 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | 1232 1233 or 1234 or 1235 or 1236 | 1 | |
| | Magnesium: Spectrophotometric 24-hour ambulatory | 4094 1238 & | 1 | Magnesium: Spectrophotometric Threshold testing: own | 4094 1268 | 1 | |
| | ECG monitoring (holter) | 1239 | 1 | equipment | 1200 | ' | |
| Dysrhythmia | Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | Programming of the Atrioventricular sequential pacemaker | 1270 or 75075 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 2 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 1 | |
| | C-reactive protein | 3947 | 1 | Prothrombin index (PI) | 3805 | 24 | |
| | Thyrotropin (TSH) | 4507 | 1 | Therapeutic drug level: Dosage | 3806 | 24 | |
| | | | | Drug level in biological fluid | 4081 or 4370 or 4493 | 2 | |
| Epilepsy | Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component) | 2712 | 1 | Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component) | 2712 | 1 | ω |
| | Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) OR EEG with special activation (done by Clinical Technologists) | 2711 or 75133 | 1 | Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) OR EEG with special activation (done by Clinical Technologists) | 2711 or 75133 | 1 | |
| | | | | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| Glaucoma * These codes can | Tonometry | 3014 or *11202 or *11212 | 1 | Tonometry | 3014 | 3 | 3 (Ophthalmologist or Ocular |
| only be billed by an Ocular Therapeutic | Fundus examination | 3003 or 3004 or *11366 | 1 | Fundus examination | 3003 or 3004 | 3 | Therapeutic Optometrist) |
| Optometrist | Gonioscopy | 3002 or *11356 | 1 | Gonioscopy | 3002 | 3 | |



| Condition | Diagnos | stic basket | | Ongoing management basket | | | |
|---|--|--------------------------------|------------------------------------|--|--------------------------------|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Glaucoma * These codes can | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | Basic capital equipped in own rooms by ophthalmologists | 3009 | 3 | |
| only be billed by an Ocular Therapeutic | Visual fields | 3016 or 3017 or *11443 | 1 | Visual fields | 3016 or 3017 or *11443 | 2 | |
| Optometrist | Disc and nerve fibre layer analysis or Disc photography | 3026 or 3027 or *11624 | 1 | Disc and nerve fibre layer analysis or Disc photography | 3026 or 3027 or *11624 | 1 | |
| | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028 or *11802 | 2 (1 per eye) | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028 or *11802 | 2 (1 per eye) | |
| | Central corneal thickness measurement | 3020 or *11702 | 2 (1 per eye) | Retinal threshold trend evaluation | 3018 | 1 | |
| Haemophilia | Factor VIII or Factor IX antigen or Coagulation factors | 3758 or 3757 | 1 | Factor VIII or Factor IX inhibitors | 3724 | 1 | 2 |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 1 | |
| | Platelet count | 3797 | 1 | Platelet count | 3797 | 1 | |
| | Fibrinogen titre | 3825 | 1 | | | | |
| | PTT – Partial thromboplastin time | 3837 | 1 | | | | |
| | Prothrombin index (PI) | 3805 | 1 | | | | |
| | Therapeutic drug level: Dosage | 3806 | 1 | | | | |
| | Bleeding time | 3713 | 1 | | | | |
| | Thrombin time | 3841 | 1 | | | | |
| Hyperlipidaemia | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | 0 |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | Thyrotropin (TSH) | 4507 | 1 | AST – Aspartate aminotransferase | 4130 | 1 | |
| | | | | ALT – Alanine aminotransferase | 4131 | 1 | |
| Hypertension | ECG – Electrocardiogram | 1232 or 1233 | 1 | ECG – Electrocardiogram | 1232 or 1233 | 1 | 1 |
| | 24-hour ambulatory blood pressure | 1237 | 1 | 24-hour ambulatory blood pressure | 1237 | 1 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 1 |] |
| | Glucose – random/fasting | 4057 | 1 | Glucose – random/fasting | 4057 | 1 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | Creatinine | 4032 or 4221 or | 1 | Creatinine | 4032 or 4221 or 4223 | 1 | |
| | | 4223 | | Potassium | 4113 | 1 | |



| Condition | Diagnos | stic basket | | Ongoing management basket | | | | |
|-------------------------|--|--------------------------------|------------------------------------|--|--------------------------------|---------------------------------------|--|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year | |
| Hypertension | U & E only | 4171 | 1 | U & E only | 4171 | 1 | | |
| Hypothyroidism | Thyrotropin (TSH) | 4507 | 1 | Thyrotropin (TSH) | 4507 | 2 | 0 | |
| | Free thyroxine (FT4) | 4482 | 1 | Free thyroxine (FT4) | 4482 | 2 | | |
| | Total cholesterol | 4027 | 1 | | | | | |
| Multiple sclerosis | MR of the brain pre and post contrast or uncontrasted | 10430 or 10410 | 1 | MR of the brain pre and post contrast or uncontrasted | 10430 or 10410 | 1 | 2 | |
| | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted | 51420 or 51410 or 51400 | 1 | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted | 51420 or 51410 or 51400 | 1 | | |
| | MR of the thoracic spine pre and post contrast or uncontrasted | 52420 or 52410 or 52400 | 1 | MR of the thoracic spine pre and post contrast or uncontrasted | 52420 or 52410 or 52400 | 1 | | |
| | MR of the lumbar spine pre and post contrast or uncontrasted | 53420 or 53410 or 53400 | 1 | MR of the lumbar spine pre and post contrast or uncontrasted | 53420 or 53410 or 53400 | 1 | | |
| | Visual evoked potentials (VEP): Unilateral | 2681 | 1 | AST – Aspartate aminotransferase | 4130 | 1 | | |
| | Visual evoked potentials (VEP): Bilateral | 2682 | 1 | ALT – Alanine aminotransferase | 4131 | 1 | | |
| | CSF-IgG Index | 4036 | 1 | | | | | |
| Parkinson's disease | _ | | s apply as the d | liagnosis of this condition re | mains a clinical o | ne | 2 | |
| Rheumatoid arthritis | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 4 | 4 | |
| | AST – Aspartate aminotransferase | 4130 | 1 | AST – Aspartate aminotransferase | 4130 | 4 | | |
| | ALT – Alanine aminotransferase | 4131 | 1 | ALT – Alanine aminotransferase | 4131 | 4 | | |
| | Anti-CCP | 4600 | 1 | _ | | | | |
| | Rheumatoid factor | 3959 or 4182 | 1 | | | | | |
| | Anti-Nuclear Factor (ANF) | 3934 | 1 | | | | | |
| | Creatinine | 4221 | 1 | Creatinine | 4221 | 1 | | |
| | X-ray of the right hand or right wrist | 65105 or 65135 | 4 | X-ray of the right hand or right wrist | 65105 or 65135 | 4 | | |
| | X-ray of the left hand or left wrist | 65100 or 65130 | | X-ray of the left hand or left wrist | 65100 or 65130 | | | |
| | X-ray of the right foot or right ankle | 74125 or 74105 | | X-ray of the right foot or right ankle | 74125 or 74105 | | | |
| | X-ray of the left foot or left ankle | 74120 or 74100 | | X-ray of the left foot or left ankle | 74120 or 74100 | | | |
| | X-ray of the left hip | 56100 | | X-ray of the left hip | 56100 | | | |
| | X-ray of the right hip | 56110 | | X-ray of the right hip | 56110 | | | |
| | X-ray of the left shoulder | 61130 | | X-ray of the left shoulder | 61130 | | | |



| Condition | Diagnos | tic basket | | Ongoing management basket | | | |
|-------------------------|--|--------------------------------|------------------------------------|--|--------------------------------|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Rheumatoid | X-ray of the right shoulder | 61135 | | X-ray of the right shoulder | 61135 | | |
| arthritis | X-ray of the left elbow | 63100 | | X-ray of the left elbow | 63100 | | |
| | X-ray of the right elbow | 63105 | | X-ray of the right elbow | 63105 | | |
| | X-ray of the left knee | 72100 | | X-ray of the left knee | 72100 | | |
| | X-ray of the right knee | 72105 | | X-ray of the right knee | 72105 | | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| | Platelet count | 3797 | 1 | Platelet count | 3797 | 2 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| Juvenile | In addition | to above, the | e below is availa | ble for members less than 1 | 8 years old | | Ophthalmologist |
| Rheumatoid arthritis | Ultrasound of the right wrist or left wrist | 65210 or 65200 | 1 | Ultrasound of the right wrist or left wrist | 65210 or 65200 | 1 | visit 1 for > 10 years |
| | Ultrasound of the right foot or right ankle | 74225 or 74215 | | Ultrasound of the right foot or right ankle | 74225 or 74215 | | old OR |
| | Ultrasound of the left foot or left ankle | 74220 or 74210 | | Ultrasound of the left foot or left ankle | 74220 or 74210 | | 2 for < 10 years |
| | Ultrasound of the hip joints | 56200 | | Ultrasound of the hip joints | 56200 | | old |
| | Ultrasound of the left shoulder joint | 61200 | | Ultrasound of the left shoulder joint | 61200 | | |
| | Ultrasound of the right shoulder joint | 61210 | | Ultrasound of the right shoulder joint | 61210 | | |
| | Ultrasound of the left elbow joint | 63200 | | Ultrasound of the left elbow joint | 63200 | | |
| | Ultrasound of the right elbow joint | 63205 | | Ultrasound of the right elbow joint | 63205 | | |
| | Ultrasound of the left knee joint | 72200 | | Ultrasound of the left knee joint | 72200 | | |
| | Ultrasound of the right knee joint | 72205 | | Ultrasound of the right knee joint | 72205 | | |
| | Ultrasound of the tempero-mandibular joints, one or both sides | 15200 | | Ultrasound of the tempero-mandibular joints, one or both sides | 15200 | | |
| | Ultrasound of any joint | 5102 | | Ultrasound of any joint | 5102 | | |
| | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 2 | |
| Schizophrenia | | | | AST – Aspartate aminotransferase | 4130 | 2 | 4 |
| | | | | ALT – Alanine aminotransferase | 4131 | 2 | |
| | | | | U & E only | 4171 | 2 | |



| Condition | Diagnos | tic basket | | Ongo | ing managemen | t basket | |
|--------------------|--|--|------------------------------|---|----------------------------------|---------------------------------------|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Schizophrenia | | | | Creatinine | 4032 or 4221 or 4223 | 2 | |
| | | | | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| Systemic lupus | Full blood count | 3755 | 1 | Full blood count | 3755 | 4 | 4 |
| erythematosus | Platelet count | 3797 | 1 | Platelet count | 3797 | 1 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Complement fixation test | 3963 or 4182 | 1 | Complement fixation test | 3963 or 4182 | 2 | |
| | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 4 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | _ |
| | Extractable nuclear antigensa | 3934 or 3948 | 2 | Total cholesterol | 4027 | 1 | |
| | Urine microscopy | 3867 | 1 | Creatinine kinase | 4152 or 4153 | 2 | |
| | Anti-Nuclear Factor (ANF) | 3934 | 1 | Antiglobulin test (Coombs) | 3709 | 2 | |
| | DNA antibodies | 4529 or 3948 | 2 | AST – Aspartate aminotransferase | 4130 | 4 | |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | ALT – Alanine aminotransferase | 4131 | 4 | |
| | Kidney biopsy | 1841 | 1 | | | | |
| | Skin biopsy | 4567 & 0233 & 0234 & 0235 & 0237 | 1 | | | | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| Ulcerative colitis | Colonoscopy | 1653 or 1656 | 1 | Colonoscopy | 1653 or 1656 | 1 | 3 |
| | C-reactive protein | 3947 | 1 | C-reactive protein | 3947 | 2 | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | Histology | 4567 & 4571 or 4582 & 4584 | 1 | |
| | | | | Faecal Calprotectin (Elastase Quantitative ELISA) | 4362 | 1 | |
| | | | | Flexible sigmoidoscopy | 1676 | 1 | |



Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance. Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 /0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za