

## The Screening and Prevention Benefit 2025

### Who we are

Remedi is the medical scheme, registration number 1430, a not-for-profit organisation which is registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07), which takes care of the administration of your membership of Remedi.

### Contact us

You can call us on **0860 116 116** or visit [www.yourremedi.co.za](http://www.yourremedi.co.za) for more information.

### The Screening and Prevention Benefit

Preventive screening is important as early detection improves long-term clinical outcomes. Make sure you detect medical conditions early so that you can get the best care. The Screening and Prevention Benefit covers screening tests, a seasonal flu vaccination (during pregnancy, for members registered for certain chronic conditions, registered healthcare professionals and members older than 65 years) and a pneumococcal vaccine on all plans.

Having these specific tests does not affect your day-to-day benefits, where applicable. Some of these tests and treatments have set frequency limits. Once you have reached the frequency limit for the tests set out below, any additional screening and preventive tests and treatments will be paid from your available day-to-day benefits, where applicable.

The screening tests and flu vaccinations must be referred and done by an appropriately registered healthcare professional, and network provider where applicable.

The Screening and Prevention Benefit does not cover the cost of any related consultations. Consultations are covered from the available funds in your day-to-day benefits, where applicable, unless they relate to a Prescribed Minimum Benefit (PMB) diagnosis.

### Basic preventative screening tests

The Screening and Prevention Benefit covers a group of basic preventative screening tests for each member each year. These tests need to be done at the same time at a Wellness network provider. We will cover up to one group of tests from the Screening and Prevention Benefit. If you have the tests done on different days, we will only pay the first claim. You will need to pay for tests done on other days or it will be paid from your available day-to-day benefits depending on your benefit option. The Screening and Prevention Benefit covers the following preventative screening tests at a participating provider:

- Blood sugar
- Blood pressure
- Cholesterol
- Body mass index

## Additional screening tests

We will cover the below screening tests up to a maximum of the Remedi Rate (test codes only) and there are limits to how often we pay for a screening test:

- **Mammograms:** one per member every year
- **Pap smears:** a Pap smear once every year as an alternative to an HPV test once every 3 or 5 years depending on your HIV status.
- **Prostate-specific antigen (PSA) test:** a PSA test (prostate screening) each year and bowel cancer screening tests every two years for members between the ages of 45 and 75 years.
- **Colonoscopy screening** is paid up to one test every ten years for members 55 and over if performed in doctors' rooms.
- **Preventative dental examinations** are covered up to one per person per year, which includes the oral examination, infection control, prophylaxis polishing and fluoride treatment.
- **Human Papillomavirus (HPV) vaccines** are paid, provided it is regarded as clinically appropriate, once every 3 to 5 years depending on your status
- **Seasonal flu vaccine** is paid up to one per person per year for members 65 years or older or registered for certain chronic conditions.

In addition to the screening for adults, **members aged 65 years and older** have cover for a group of age-appropriate screening tests in our defined pharmacy network

- **Hearing**
- **Visual screening**
- **Falls risk assessment**

Depending on results, you may have cover for additional GP consultations from a provider in the Premier GP Plus network. Members older than 65 years, or members who are registered on the Chronic Illness Benefit (CIB) for one of the following conditions:

- Cardiac failure
- Cardiomyopathy

also have cover for one **pneumococcal conjugate vaccine (PCV)** dose, followed by one more pneumococcal polysaccharide vaccine (PPSV) dose at least one year later. If you do not meet these criteria, you can still have the pneumococcal vaccine, but we'll cover it from the available funds in your day-to-day benefits, where applicable.

## Complaints process

You may lodge a complaint or query with Remedi Medical Aid Scheme directly on **0860 116 116** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Remedi Medical Aid Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)