

Chronic Illness Benefit medicine list (Provisional Formulary) 2023

Who we are

The TsoGo Sun Group Medical Scheme (referred to as "the Scheme"), registration number 1579, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

TsoGo Sun Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2023 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

Contact us

For more information contact us on 0860 100 421 or visit www.discovery.co.za

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list for Tsogo Classic Comprehensive and Classic Saver plans

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Classic Comprehensive Plan)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg (Only Classic Comprehensive Plan)
					Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Classic Comprehensive Plan)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Classic Comprehensive Plan)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
					Beclate 200 dose 50mcg; 100mcg; 200mcg
					Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Ciclesonide	Pulmicort turbuhaler 200 dose 200mcg
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
Foxair accuhaler 60 dose 50/500 (Only Classic Comprehensive Plan)					
Sereflo DPI 60 dose 50/100; 50/250					
Sereflo HFA 120 dose 25/50; 25/125; 25/250					
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250					
R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Classic Comprehensive Plan)	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg
			Escitalopram	Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Esetam 10mg; 20mg
					Fluoxetine

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength								
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Fluoxetine	Fluoxetine 20 Oethmaan 20mg Prolax 20mg								
				Sertraline	Dyna Sertraline 50mg; 100mg Serlife 50mg; 100mg								
				Carbamazepine	Degranol 200mg Tegretol CR 200mg; 400mg Zeptol 200mg								
	R290	R385	Anti-epileptics: Carboxamide derivatives	Valproic acid	Convulex 150mg; 300mg Convulex syrup 250mg/5ml Epilim crushable 100mg Epilim sugar-free syrup 200mg/5ml Eprolep CR 200mg; 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Valeptic CR 300mg; 500mg								
					R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg Girotec 50mg; 100mg; 200mg Serinem 25mg; 50mg; 100mg; 200mg				
									R160	R160	Antipsychotics - Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
													R615
					R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg				
									R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg Olexar 5mg; 10mg Zolanz 5mg; 10mg Zylena 5mg; 10mg
					R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine					Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine									Aroquet 25mg; 100mg; 200mg; 300mg Dopaquel 25mg; 100mg; 200mg; 300mg Mylan Quetiapine 25mg; 100mg; 200mg; 300mg Psyquet 25mg; 100mg; 200mg; 300mg Truvalin 25mg; 100mg; 200mg; 300mg Zimbiquet 25mg; 100mg; 200mg; 300mg
					R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol					Fluanxol 0.5mg; 1mg Fluanxol depot 1ml 20mg
									Zuclopenthixol	Clopixol 2mg; 10mg Clopixol depot 200mg			
										R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole
					R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg Rispacor 0.5mg; 1mg; 2mg; 3mg				

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R360	R360	Other anti-psychotics: Risperidone	Risperidone	Rispide 0.5mg; 1mg; 2mg
					Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
					Zoxadon ODT 0.5mg; 1mg; 2mg
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
					R20
	Panafcort 5mg				
	Trolic 5mg				
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Lisinopril and diuretics
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
				Lisoretic 10/12.5mg; 20/12.5mg	
				Lisozide 10/12.5mg; 20/12.5mg	
				Perindopril and diuretics	
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg	
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
					Lisinopril
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
				Perindopril	
					Circator 4mg; 8mg
					Pearinda 4mg; 8mg
					Perindopril Unicorn 4mg; 8mg
					Prexum 10mg
					Ran-Perindopril 4mg
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg
	Vectoryl 4mg; 8mg				
Zyace 4mg					
R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Carvetrend 6.25mg; 12.5mg; 25mg	
				Rubitrend 12.5mg; 25mg	
				R90	R100
Co-Normoten 50/12.5mg; 100/25mg					
Losaar Plus 50/12.5mg; 100/25mg					

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losartan comp Biotech 50/12.5mg; 100/25mg	
					Sartoc-co 50/12.5mg; 100/25mg	
					Zartan co 50/12.5mg; 100/25mg	
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
					Tesar co 40/12.5mg; 80/12.5mg	
					Ticarda Plus 40/12.5mg; 80/12.5mg	
					Tremistan Plus 40/12.5mg; 80/12.5mg	
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Classic Comprehensive Plan)	
					R75	R110
	Losartan	Annin 50mg; 100mg				
		Austell Losartan 50mg; 100mg				
		Losartan Accord 50mg; 100mg				
		Zaario 50mg; 100mg				
	Zartan 50mg; 100mg (Only Classic Comprehensive Plan)					
	Valsartan	Adco-Valsartan 80mg; 160mg (Only Classic Comprehensive Plan)				
		Regoval 80mg; 160mg (Only Classic Comprehensive Plan)				
		Vasovan 80mg; 160mg (Only Classic Comprehensive Plan)				
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
					Hyperphen 10mg; 50mg	
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg	
					Emcor 5mg; 10mg	
					Presicard 5mg; 10mg	
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
					Dino-Retic 40mg	
					Diuresix 40mg	
					Furobe 40mg	
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
					Ridaq 12.5mg	
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
					Catexan 2.5mg	
Cipla-Indapamide 2.5mg						
R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg		
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg		
				Ultipot 600mg		
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg		
				Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg			
R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
				Influvac tetra single dose 0.5ml pre-filled syringe		
				Vaxigrip tetra single dose 0.5ml pre-filled syringe		
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength			
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg			
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg			
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg			
					Lisoretic 10/12.5mg; 20/12.5mg			
					Lisozide 10/12.5mg; 20/12.5mg			
					Perindopril and diuretics	Bioprexum Plus 10/2.5mg		
				Ciplasyl Plus 4/1.25mg				
				Circator Plus 4/1.25mg				
				Pearinda Plus 4/1.25mg; 8/2.5mg				
				Perindopril co Unicorn 4/1.25mg				
				Prexum Plus 5/1.25mg				
				Spec-Perindopril Plus 4/1.25mg				
				Trexeva Plus 5/1.25mg				
				Vectoryl Plus 4/1.25mg				
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg			
					Mylan Captopril 25mg; 50mg			
				Enalapril	Alapren 5mg; 10mg; 20mg			
					Enalapril Unicorn 5mg; 10mg; 20mg			
					Hypace 5mg			
					Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Austell-Lisinopril 10mg; 20mg				
				Liso 5mg; 10mg; 20mg				
				Lizro 5mg; 10mg; 20mg				
				Sinopren 5mg; 10mg; 20mg				
				Perindopril		Ciplasyl 4mg		
					Circator 4mg; 8mg			
					Pearinda 4mg; 8mg			
					Perindopril Unicorn 4mg; 8mg			
					Prexum 10mg			
					Ran-Perindopril 4mg			
					Reprex 4mg; 8mg			
					Spec-Perindopril 4mg; 8mg			
					Vectoryl 4mg; 8mg			
					Zyace 4mg			
				R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
								Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
	Carvetrend 6.25mg; 12.5mg; 25mg							
	Rubitrend 12.5mg; 25mg							
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg			
					Co-Normoten 50/12.5mg; 100/25mg			
					Losaar Plus 50/12.5mg; 100/25mg			
Losartan comp Biotech 50/12.5mg; 100/25mg								
Sartoc-co 50/12.5mg; 100/25mg								
Zartan co 50/12.5mg; 100/25mg								
Telmisartan and diuretics				Telpres Plus 40/12.5mg; 80/12.5mg				
				Tesar co 40/12.5mg; 80/12.5mg				
				Ticarda Plus 40/12.5mg; 80/12.5mg				
				Tremistan Plus 40/12.5mg; 80/12.5mg				
Valsartan and diuretics				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Classic Comprehensive Plan)				

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Losartan	Annin 50mg; 100mg
					Austell Losartan 50mg; 100mg
					Losartan Accord 50mg; 100mg
					Zaario 50mg; 100mg
					Zartan (Only Classic Comprehensive Plan) 50mg; 100mg
				Valsartan	Adco-Valsartan (Only Classic Comprehensive Plan) 80mg; 160mg
					Regoval (Only Classic Comprehensive Plan) 80mg; 160mg
					Vasovan (Only Classic Comprehensive Plan) 80mg; 160mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
R120	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Influvac tetra single dose 0.5ml pre-filled syringe	
				Vaxigrip tetra single dose 0.5ml pre-filled syringe	
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
	R120	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength	
Chronic obstructive pulmonary disease (COPD)	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R886	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
					Panafcort	5mg
					Trolic	5mg
	R145	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
					Influvac tetra single dose 0.5ml pre-filled syringe	
Vaxgrip tetra single dose 0.5ml pre-filled syringe						
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn	10/12.5mg; 20/12.5mg
					Lisoretic	10/12.5mg; 20/12.5mg
					Lisozide	10/12.5mg; 20/12.5mg
					Perindopril and diuretics	Bioprexum Plus
				Ciplasyl Plus		4/1.25mg
				Circator Plus		4/1.25mg
				Pearinda Plus		4/1.25mg; 8/2.5mg
				Perindopril co Unicorn		4/1.25mg
				Prexum Plus		5/1.25mg
				Spec-Perindopril Plus		4/1.25mg
				Trexeva Plus		5/1.25mg
				Vectoryl Plus		4/1.25mg
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg
					Mylan Captopril	25mg; 50mg
				Enalapril	Alapren	5mg; 10mg; 20mg
					Enalapril Unicorn	5mg; 10mg; 20mg
					Hypace	5mg
					Lisinopril	Adco-Zetomax
				Austell-Lisinopril		10mg; 20mg
				Liso		5mg; 10mg; 20mg
				Lizro		5mg; 10mg; 20mg
				Sinopren		5mg; 10mg; 20mg
				Perindopril		Ciplasyl
					Circator	4mg; 8mg
					Pearinda	4mg; 8mg
					Perindopril Unicorn	4mg; 8mg
					Prexum	10mg
	Ran-Perindopril	4mg				
	Reprex	4mg; 8mg				
	Spec-Perindopril	4mg; 8mg				
	Vectoryl	4mg; 8mg				
Zyace	4mg					
R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co	50/12.5mg	
				Co-Normoten	50/12.5mg; 100/25mg	
				Losaar Plus	50/12.5mg; 100/25mg	
				Losartan comp Biotech	50/12.5mg; 100/25mg	
				Sartoc-co	50/12.5mg; 100/25mg	
				Zartan co	50/12.5mg; 100/25mg	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength						
Chronic renal disease	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg						
					Tesar co 40/12.5mg; 80/12.5mg						
					Ticarda Plus 40/12.5mg; 80/12.5mg						
					Tremistan Plus 40/12.5mg; 80/12.5mg						
	R75	R110	Angiotensin II antagonists: Plain	Valsartan and diuretics	Valsartan	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Classic Comprehensive Plan)					
						Irbesartan	Irbesartan	Jubitan 150mg; 300mg			
								Losartan	Losartan	Annin 50mg; 100mg	
										Austell Losartan 50mg; 100mg	
										Losartan Accord 50mg; 100mg	
										Zaario 50mg; 100mg	
				Zartan 50mg; 100mg							
				(Only Classic Comprehensive Plan)							
				Valsartan	Valsartan	Adco-Valsartan 80mg; 160mg (Only Classic Comprehensive Plan)					
						Regoval 80mg; 160mg (Only Classic Comprehensive Plan)					
						Vasovan 80mg; 160mg (Only Classic Comprehensive Plan)					
						R300	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	R10	Folic acid and derivatives							Folic acid	Be-Tabs Folic acid 5mg
											Folic acid 5mg
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg						
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml						
					Equifer ampoule 5ml 100mg/5ml						
					Rautevene ampoule 5ml 100mg/5ml						
					Zypiron vial 5ml 20mg/1ml						
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml					
						Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml					
						Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml					
						Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml					
Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml											
Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml											
Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml											
Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml											
Erythropoietin				Erythropoietin	Eprex pre-fill 2000U/0.5ml						
					Eprex pre-fill 4000U/0.4ml						
					Repotin ampoule 1ml 2000U; 4000U						
					Methoxy polyethylene glycol-epoetin beta	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml				
							Mircera pre-filled syringe 0.3ml 75mcg/0.3ml				
							Mircera pre-filled syringe 0.3ml 100mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 120mcg/0.3ml											
Mircera pre-filled syringe 0.3ml 150mcg/0.3ml											
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml											
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml											
R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg							
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg						
					Myoprin 100mg						
R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg							

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
					B-Block	50mg; 100mg
					Tenopress	50mg; 100mg
				Bisoprolol	Adco-Bisocor	5mg; 10mg
					Bisbeta	5mg; 10mg
					Emcor	5mg; 10mg
	Presicard	5mg; 10mg				
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
					Verapamil	240mg
					Verapamil 40 Oethmaan	40mg
	R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
					Amlodac	5mg; 10mg
					Amlodipine Unicorn	5mg; 10mg
					Amtas	5mg; 10mg
					Aprate	5mg; 10mg
					Austell-Amlodipine	5mg; 10mg
					Besyloc	5mg; 10mg
					Ciplavasc	5mg; 10mg
					Lomanor	5mg; 10mg
				Felodipine	Felodipine Kiara (Only Classic Comprehensive Plan)	5mg; 10mg
				Nifedipine	Cipalat Retard	20mg
					Cipalat XR	30mg; 60mg
					Fedaloc SR	30mg; 60mg
Fidocare XL	30mg; 60mg					
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg	
				Isosorbide mononitrate	Ismo	20mg
					Monicor SR	60mg
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg
					Asacol suppository	500mg
					Mezavant	1200mg
					Pentasa	500mg
					Pentasa suppository	1000mg
				Sulfasalazine	Salazopyrin	500mg
	Salazopyrin EN	500mg				
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema (Only Classic Comprehensive Plan)	0.02mg/1ml
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
					Imuran (Only Classic Comprehensive Plan)	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
Panafcort					5mg	
Trolic					5mg	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
					Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Classic Saver Plan is R700. The overall monthly limit for Classic Comprehensive Plan is R720.				
	R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only Classic Comprehensive Plan)
					Novorapid - penfill 3ml
				Insulin Glulisine	Apidra - cartridge 3ml
				Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml
				Insulin Lispro	Humalog mix 25 - cartridge 3ml
					Humalog mix 50 - cartridge 3ml
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine	Optisulin - cartridge 3ml
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active
					Accu-check test strip glucose instant
					Glucocheck key test strip
					Glucocheck test strip
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose
					Test strip glucose blood fora 6
					Test strip glucose caresens n 29g
					Test strip glucose contour plus
					Test strip glucose contour ts
					Test strip glucose fora diamond blood
					Test strip vci ce 50 via
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
Lancet fora tender needle sterile 33g					
Lancet freestyle test					
Lancet glucocheck novicheck					
Lancet solus v2					
Lancet unilet sterile 28g					
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g					
Microlet lancet					
Needles					BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g	
				BD micro fine plus pen needle 32g 4mm	
				Droplet pen needle 8mm 31g	
				Needle insulin fora pen 31g 8mm	
				Needle insulin fora pen 32g 4mm	
				Needle insulin fora pen 32g 6mm	
				Needle insulin pen verifine 4mmx10cmx15cm 32g	
				Needle insulin pen verifine 4mmx10cmx15cm 33g	
				Needle novofine	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	R350	Surgical item	Syringes	Syringe insulin 1.0ml with 27g needle	
					Syringe insulin bd microfine 12.7mm 1ml 9g	
					Syringe insulin bd microfine 1ml 8mm 30g	
					Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
					Apex-Metformin 500mg	
					Austell-Metformin 500mg; 850mg	
					Diaphage 500mg; 850mg; 1000mg	
					Gluconorm 500mg; 850mg	
					Mylan Metformin 500mg; 850mg; 1000mg	
					Romidab 500mg; 850mg; 1000mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for Classic Saver Plan is R700. The overall monthly limit for Classic Comprehensive Plan is R720.					
	R445	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only Classic Comprehensive Plan)	
				Insulin Glulisine	Novorapid - penfill 3ml	
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Apidra - cartridge 3ml		
			Insulin Human	Humalog - cartridge 3ml; kwikpen 3ml		
				Diabulyn 30/70 - cartridge 3ml		
R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro	Humalog mix 25 - cartridge 3ml		
			Insulin Detemir	Humalog mix 50 - cartridge 3ml		
R140	R140	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Levemir - pre-filled cartridge 3ml		
			Optisulin - cartridge 3ml			
R140	R140	Anti-diabetic agents: Sulfonylureas, urea derivatives	Gliclazide	Diagluclide MR 60mg		
				Diaran MR 30mg		
				Dyna Gliclazide SR 30mg		
				Gliclazide MR Austell 30mg; 60mg		
				Gliclazide Unicorn MR 30mg		
				Glytab MR 30mg		
R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		
				Pioglitazone hydrochloride Macleods 15mg; 30mg		
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg		
				Myoprin 100mg		
R200	R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active		
				Accu-check test strip glucose instant		
				Glucocheck key test strip		
				Glucocheck test strip		
				Onetouch select plus test strips		
				Test strip blood glucose clicks bionime gs550		
				Test strip freestyle optium glucose		
				Test strip glucose blood fora 6		
				Test strip glucose caresens n 29g		
				Test strip glucose contour plus		
				Test strip glucose contour ts		
				Test strip glucose fora diamond blood		
Test strip vci ce 50 via						
R350	R350	Surgical item	Lancets	Lancet blood collection needle loris		
				Lancet fora collection needle sterile 30g		
				Lancet fora tender needle sterile 33g		

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	R350	Surgical item	Lancets	Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
					Microlet lancet
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle insulin pen verifine 4mmx10cmx15cm 32g
					Needle insulin pen verifine 4mmx10cmx15cm 33g
Syringes	Needle novofine				
	Syringe insulin 1.0ml with 27g needle				
	Syringe insulin bd microfine 12.7mm 1ml 9g				
	Syringe insulin bd microfine 1ml 8mm 30g				
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
					Tambocor CR 100mg; 200mg
	R370	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Emcor 5mg; 10mg
					Presicard 5mg; 10mg
R245	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
					Clonam 0.5mg; 2mg
	R300	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
					Degranol 200mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
Convulex syrup 250mg/5ml					

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim crushable 100mg	
					Epilim sugar-free syrup 200mg/5ml	
					Eprolep CR 200mg; 300mg; 500mg	
					Navalpro CR 200mg; 300mg; 500mg	
					Valeptic CR 300mg; 500mg	
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
					Epitec 25mg; 50mg; 100mg; 200mg	
					Girotec 50mg; 100mg; 200mg	
					Serinem 25mg; 50mg; 100mg; 200mg	
				Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg	
					Epikepp 250mg; 500mg; 750mg	
					Levetiracetam Unicorn 250mg; 750mg	
Redilev 250mg; 500mg; 750mg						
Topiramate	Epimate 25mg; 50mg; 100mg; 200mg					
	Toplep 25mg; 50mg; 100mg; 200mg					
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
				Folic acid 5mg		
Glaucoma	R200	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
					Trusopt 5ml owi (Only Classic Comprehensive Plan) 2%	
	R210	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan (Only Classic Comprehensive Plan) 0.01%	
					Latanoprost	Atana 2.5ml 50mcg/1ml (Only Classic Comprehensive Plan)
						Spersatan 2.5ml 50mcg/1ml
					Travoprost	Saflutan single dose container 0.3ml 15mcg/1ml (Only Classic Comprehensive Plan)
	R210	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
					Brimoct 5ml 2mg/1ml	
	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
					Timoptol-xe 2.5ml 0.5%	
	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
					Co-Atana 2.5ml	
					Combigan 5ml 2mg/5mg	
					Cosopt 5ml 0.5% (Only Classic Comprehensive Plan)	
					Duotrav 2.5ml	
Ganfort 3ml						
Glaumide-co 5ml						
Glauropt co 5ml						
Ocudor co 5ml						
Xalacom 2.5ml (Only Classic Comprehensive Plan)						
R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg		
				Adco-Prolief 500mg		
				Cetapon 500mg		
R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg		

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Haemophilia	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U
					Octanate vial 10ml 500U; 1000U
				Coagulation factor IX	Haemosolvex IX 500U
	Octanine F vial 30ml 250U; 500U; 1000U				
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
Ddavp nasal spray 5ml 0.1mg/1ml					
Hyperlipidaemia	R335	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R275	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
					Sandoz Bezafibrate 400mg
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
					Aspavor 10mg; 20mg; 40mg
					Astor 10mg; 20mg; 40mg
					Cholmin 10mg; 20mg; 40mg
					Dezzolip 10mg; 20mg; 40mg; 80mg
					Dynator 10mg; 20mg; 40mg; 80mg
					Lipogen 10mg; 20mg; 40mg; 80mg
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
					Choleste 10mg; 20mg; 40mg
					Cipla-Simvastatin 10mg; 20mg; 40mg
					Simvacor 10mg; 20mg; 40mg
					Simvotin 10mg; 20mg; 40mg
Hypertension					R130
	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg				
	Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg				
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Lisinopril and diuretics
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
Lisoretic 10/12.5mg; 20/12.5mg					
Lisozide 10/12.5mg; 20/12.5mg					
Perindopril and diuretics				Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
Trexeva Plus 5/1.25mg					
Vectoryl Plus 4/1.25mg					
R180	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 5mg; 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg
					Circator 4mg; 8mg
					Pearinda 4mg; 8mg
					Perindopril Unicorn 4mg; 8mg
					Prexum 10mg
	Ran-Perindopril 4mg				
	Reprex 4mg; 8mg				
	Spec-Perindopril 4mg; 8mg				
	Vectoryl 4mg; 8mg				
	Zyace 4mg				
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Rubitrend 12.5mg; 25mg
	R165	R200	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg
					Dafiro 5/160mg; 10/160mg
					Valduo 5/160mg; 10/160mg
					Valvasc 5/160mg; 10/160mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
					Tesar co 40/12.5mg; 80/12.5mg
					Ticarda Plus 40/12.5mg; 80/12.5mg
					Tremistan Plus 40/12.5mg; 80/12.5mg
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Classic Comprehensive Plan)
	R180	R215	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Classic Comprehensive Plan)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
					Losartan
				Austell Losartan 50mg; 100mg	
				Losartan Accord 50mg; 100mg	
				Zaario 50mg; 100mg	
				Zartan 50mg; 100mg (Only Classic Comprehensive Plan)	
Valsartan				Adco-Valsartan 80mg; 160mg (Only Classic Comprehensive Plan)	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Regoval (Only Classic Comprehensive Plan) 80mg; 160mg
					Vasovan (Only Classic Comprehensive Plan) 80mg; 160mg
	R200	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
					Urodoxa 4mg
	R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Mylan Methyldopa 250mg
	R35	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Emcor 5mg; 10mg
	Presicard 5mg; 10mg				
	R125	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil	Verahexal 240 SR 240mg
Verapamil 40 Oethmaan 40mg					
R90	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Besyloc 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Lomanor 5mg; 10mg	
			Felodipine	Felodipine Kiara (Only Classic Comprehensive Plan) 5mg; 10mg	
Nifedipine	Cipalat Retard 20mg				

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	R90	Selective calcium channel blockers with mainly vascular effects	Nifedipine	Cipalat XR 30mg; 60mg
					Fedaloc SR 30mg; 60mg
					Fidocare XL 30mg; 60mg
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
					Amitriptyline HCl Kiara 25mg
					Gulf Amitriptyline 25mg
					Trepiline 10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
					Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
					Interferon Beta-1B
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
Peginterferon Beta-1A					Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R505	R505	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
					Pexasp 0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
					Rasapar 1mg
R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
					Methocaps 25mg
				R60	R60
	Coxflam 7.5mg				
	Flexocam 7.5mg				
	Piroxicam	Medoxicam 7.5mg			
		Pyrocaps 20mg			
		Roxifen 20mg			
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
Betaprofen FC 400mg					
Bren 400mg					
Ibucine 200mg; 400mg					
Ibunate 200mg					

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength			
Rheumatoid arthritis	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Ibusor 200mg			
				Naproxen	Napinfram 250mg			
					Naproscript 250mg			
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg			
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
					Folic acid 5mg			
	R980	R980	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg			
					Salazopyrin EN 500mg			
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg			
					Azathioprine PCH 50mg			
					Imuran (Only Classic Comprehensive Plan) 50mg			
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg			
	R775	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg			
Ravalef 10mg; 20mg								
Rheumalef 10mg; 20mg								
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg				
				Panafcort 5mg				
				Trolic 5mg				
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg			
					Citalopram 20 Oethmaan 20mg			
					Depramil 20mg			
					Recita 20mg			
				Escitalopram	Accord Escitalopram 10mg; 20mg			
					Dolin 10mg; 20mg			
					Esetam 10mg; 20mg			
				Fluoxetine	Deprozan 20mg			
					Fluoxetine 20 Oethmaan 20mg			
					Prolax 20mg			
				Sertraline	Dyna Sertraline 50mg; 100mg			
					Serlife 50mg; 100mg			
				R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
								Tegretol CR 200mg; 400mg
								Zeptol 200mg
				R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
Convulex syrup 250mg/5ml								
Epilim crushable 100mg								
Epilim sugar-free syrup 200mg/5ml								
Eprolep CR 200mg; 300mg; 500mg								
Navalpro CR 200mg; 300mg; 500mg								
Valeptic CR 300mg; 500mg								
R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg				
				Epitec 25mg; 50mg; 100mg; 200mg				
				Girotec 50mg; 100mg; 200mg				
				Serinem 25mg; 50mg; 100mg; 200mg				
R160	R160	Antipsychotics - Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg				

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Clozapine Oethmaan 25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
					Zylena 5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
					Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Truvalin 25mg; 100mg; 200mg; 300mg
	Zimbiquet 25mg; 100mg; 200mg; 300mg				
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
	Clopixol depot 200mg				
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Abipip ODT 10mg; 15mg
					Apripent 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Aridus 10mg; 15mg
Aripiprazole Mylan 5mg; 10mg; 15mg					
Aripiprazole Teva 5mg; 10mg; 15mg					
Arizofy 5mg; 10mg; 15mg					
Priptrin 10mg; 15mg					
R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
					Methocaps 25mg
				R60	R60
	Coxflam 7.5mg				
	Flexocam 7.5mg				
	Medoxicam 7.5mg				
	Piroxicam	Pyrocaps 20mg			
	Roxifen 20mg				
R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
				Betaprofen FC 400mg	

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Bren 400mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
					Ibusor 200mg
				Naproxen	Napinflam 250mg
					Naprosript 250mg
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
Imuran (Only Classic Comprehensive Plan) 50mg					
R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
				Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository 500mg
					Mezavant 1200mg
					Pentasa 500mg
					Pentasa suppository 1000mg
					Sulfasalazine
		Salazopyrin EN 500mg			
	R1 940	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema (Only Classic Comprehensive Plan) 0.02mg/1ml
	R660	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
					Imuran (Only Classic Comprehensive Plan) 50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for Tsogo Classic Comprehensive and Classic Saver plans

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Asthma	R225	R225	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg
					Kulair 4mg; 5mg; 10mg
					Sintrine 4mg; 5mg; 10mg
					Topraz 4mg; 5mg; 10mg
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone					Fluticasone OTC Teva 120 dose 50mcg
Cardiac failure	R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler) (Only Classic Comprehensive Plan)
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Classic Comprehensive Plan)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Only Classic Comprehensive Plan)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Classic Comprehensive Plan)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Classic Comprehensive Plan)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
					Tiotor 30 inh capsules with zelphir inhaler
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
					Foxair accuhaler 60 dose 50/500 (Only Classic Comprehensive Plan)
					Sereflo DPI 60 dose 50/100; 50/250
Sereflo HFA 120 dose 25/50; 25/125; 25/250					
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250					
R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Classic Comprehensive Plan)	
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg (Only Classic Comprehensive Plan)
					Clopidogrel Unicorn 75mg (Only Classic Comprehensive Plan)
					Clovexa 75mg

Chronic Disease List condition	CDA for Classic Saver Plan	CDA for Classic Comprehensive Plan	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Deplatt 75mg (Only Classic Comprehensive Plan)
					Pharma Dynamics Clopidogrel 75mg (Only Classic Comprehensive Plan)
					Plagrol 75mg
Diabetes mellitus Type 2	R225	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
					Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R140	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
R340	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg	
Multiple sclerosis	R7 000	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R6 160	R6 160	Selective immunosuppressive agents	Fingolimod	Myelenea 0.5mg
Teriflunomide				Aubagio 14mg	
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg
					Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg
					Coxleon 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type1	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors (Only Classic Comprehensive Plan)
	R1 170 (for members ≥ 18 years)	
	R1 170 (for members < 18 years)	Continuous glucose monitoring sensors (Only Classic Saver Plan)
	R780 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets (Only Classic Comprehensive Plan)

Complaint process

You may lodge a complaint or query with the Tsogo Sun Group Medical Scheme directly on 0860 100 421 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following the Tsogo Sun Group Medical Scheme’s internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za